

A romantic couple is sitting on a stone ledge in a courtyard. The man is wearing a light blue polo shirt and dark jeans, and the woman is wearing an orange top and light-colored pants. They are both smiling and looking at each other. The courtyard features a stone fountain with a small waterfall, several potted plants with red flowers, and a building with arched windows in the background.

# *BOM DIA!* TO **PORTUGAL**

Famous for its seafarers and explorers, its love of revelry, but also the gentle melancholy of the “saudade”, Portugal is steeped in tradition. You can experience all of it at the “Santa Isabel”. We are looking forward to your visit!



# DIVINE BEAUTY

THE 4-STAR SUPERIOR THEMED HOTEL  
"SANTA ISABEL" AT A GLANCE:

- ❖ Built in the style of a Portuguese monastery
- ❖ 66 fully air-conditioned family rooms and suites
- ❖ Elaborately decorated themed suites & opulent Sagrado suites
- ❖ Buffet restaurant "Sala Santa Isabel" with lava-rock grill specialities
- ❖ "Brauereikeller" (beer cellar) with its own "Klosterbräu" Santa Isabel brew
- ❖ Large outdoor pool with indoor entrance
- ❖ Wellness & Spa area with panoramic sauna, steam bath and beneficial treatments
- ❖ Lovingly nurtured monastery garden
- ❖ Conference and event rooms for up to 400 people
- ❖ "Saint James's Chapel" – a stage of the Camino de Santiago
- ❖ Free high-speed Internet



# SANTA ISABEL

4-STAR SUPERIOR THEMED HOTEL



ROYAL CHAMBERS + MONASTIC MYSTIQUE  
= PORTUGUESE SERENITY

Welcome to the monastery! And a very special one at that: because at the “Santa Isabel” you can enjoy monastic calm and serenity without having to renounce worldly pleasures. The blue and white azulejo tiles and wood-panelled walls behind the monastery gates welcome visitors with an authentic Portuguese touch. The opulent themed suites offer feudal comfort and the luxurious Sagrado suites will satisfy even the most demanding requirements. High up in the monastery you can enjoy the wellness treatments in the fifth-floor panoramic spa. How about a stroll in the herb garden before dinner? And if you are still not ready to retire, a glass of port wine in an armchair in front of a roaring fire should finally make you a fan of Portuguese serenity, spelled c-a-l-m-a.







## PORTUGUESE HEAVEN

# RELAXED MONASTIC MYSTIQUE

TAKING IT EASY IN THE “SANTA ISABEL”

We don't know whether Santa Isabel of Portugal once lived so luxuriously, but we do know that the former queen of Portugal and later Franciscan nun had a big heart. This generosity now fills the halls of the superior themed hotel named after her.

ACCOMPANIED BY  
CHORAL SINGING  
AND THE SCENT  
OF INCENSE:  
*At the reception,  
an authentic  
monastery gate,  
you will be given  
not only your  
room key but  
also the key to  
holiday bliss.*

How does a day of absolute quiet and relaxation unfold at the “monastery”? You can start with a stroll through the herb garden, enjoying the sight and fragrance of rosemary, thyme, coriander and many others. Afterwards you can enjoy a short moment of contemplation at the “Saint James's Chapel”, followed by some physical exercise in the outdoor pool. Finally you can indulge your body and soul in the spa, which offers something for the entire family; a royal massage for her, a monk's dream for him and a guardian angel for the children.

Now you're ready to devote your attention to culinary matters! You can enjoy traditional Portuguese cuisine in the buffet restaurant and then toast your newfound holiday mood in the beer cellar with the homebrewed “Klosterbräu Santa Isabel”.

As you can see, you don't have to be a monk or a nun to enjoy the seclusion and Portuguese pleasures at the “Santa Isabel”.





# PEACEFUL DREAMS IN MONASTIC CALM

The hotel "Santa Isabel" has only 66 rooms and suites spread out over the four floors of the small but elegant building. There are standard and "Deluxe" rooms, as well as individually designed themed and Sagrado suites. One of them is named after the Portuguese king Manuel I, known as Manuel the Fortunate.

## KING MANUEL I SAGRADO SUITE

*This suite is furnished in blue and warm brown tones. Under the regency of Manuel I Portugal experienced an economic and cultural heyday. The stately Manueline architectural style is also named after him.*





## SUITES

*Discover new worlds*

### THEMED SUITES

The themed suites follow in the footsteps of famous Portuguese seafarers like Vasco da Gama, who discovered the sea passage to India, or the circumnavigator Fernando Magellan, on their voyages of discovery. Our themed suites can comfortably accommodate up to four guests. They have a bedroom with double bed and a living room/bedroom with a bunk bed and a couch, two flat-screen TVs, bathroom with bathtub and shower, balcony and mini-bar – what more could you want?

### SAGRADO SUITES

Santa Isabel, King Manuel I and a prior will be happy to tell you about their lives in the Sagrado suites named after them. The suites are very generously proportioned with deluxe furnishings and carefully chosen royal and monastic fittings.



## ROOMS

*Simplicity combined with luxury*

### STANDARD ROOMS

A far cry from Spartan monastic cells, our air-conditioned standard rooms have a telephone and desk, free high-speed Internet and a flat-screen TV; most rooms additionally have an open bathroom area. Room sizes are available to accommodate from one to six guests. Proverbs and pictures of saints on the walls give these rooms a contemplative feel.

### “DELUXE” ROOMS

The “Deluxe” rooms on the fourth floor have cool drinks from the mini-bar and a room safe, combining monastic simplicity with modern luxury.







## MONASTIC RELAXATION

# THE MOST RESTFUL OF REST CURES

## HERBS, BEER AND HEAVENLY POWERS

**WELLNESS & SPA:**  
*Back, whole body and hot stone massages with selected oils from the "Santa Isabel" spa product line will give you renewed strength, exfoliation treatments and packs will invigorate your body, luxurious baths are pure indulgence and the different body rituals will help your vital energies to flow.*

**POOL AND SAUNA:**  
*With a few powerful strokes you can swim from indoors into the large outdoor pool. A heavenly pleasure awaits you in the sauna area "Conspetus Gallia" and relaxation room "Astrum Aurea" with its starry ceiling.*

What does a monastery have to do with wellness? Much more than you think! Monks and nuns are often experts in herbal medicine and know a lot about the link between a healthy and attractive body and mind.

Take herbal exfoliation for example, the healing power of home grown monastery herbs unleashed within pure oil give your skin a new softness. What about a beer bath? Not only men will enjoy this completely natural bath additive which makes the skin wonderfully smooth. A bath with health-giving hops and malt aromas cares for the body without the distinctive beer smell.

Heavenly powers and universal forces take wellness into a whole new dimension with luxurious two-hour treatments like "The joy of jupiter", "The magic of the moon" or "The Power of the Sun". As any monk or nun will tell you, time is important for wellness and relaxation, so you should just sit back and take all the time you need to recuperate.

Our sauna area is heavenly – it has for example a hand-painted firmament in the vaulted ceiling of the relaxation room. In the blue stone bath you can recharge your batteries before sweating out your cares in the dry sauna with a view of the Vosges through the dormer window. Whether terrestrial or heavenly, it is quite simply divine.







## PORTUGUESE SPECIALITIES

# SIMPLE AND DELICIOUS

### DRIED FISH, GOAT AND SWEET RICE

#### RESTAURANT "SALA SANTA ISABEL":

*There is a herbal remedy for just about every ailment including hunger and overeating. The apothecary wall is therefore a welcome addition to this speciality restaurant. Your serving monk will tell you about possible risks and side effects!*

**RESTAURANT  
"BRAUEREIKELLER":**  
*It was particularly difficult to be a monk or nun during Lent, when no food or drink was allowed between sunrise and sunset. However there is no need to go hungry at the à la carte restaurant, it presents international cuisine in a vaulted monastery cellar.*

The Portuguese love plain cooking; simple and nourishing but interestingly flavoured with garlic, coriander, nutmeg, oregano, thyme, bay leaves or the small red piri-piri chilli peppers.

The Portuguese national dish is bacalhau, salted and dried cod, which can be prepared in countless ways. It has been popular since the seafaring days of the fifteenth and sixteenth centuries when explorers would take the preserved fish with them on their voyages. Other types of fish and seafood feature strongly in Portuguese cuisine: for example, sardines, swordfish and tuna, crab and crayfish. Meat lovers will also find plenty to tempt them with goat, beef and lamb dishes, pork, turkey and even pigeon.

And for dessert? Delicious, high calorie desserts with lots of egg yolk and sugar. You can choose between arroz doce (sweet rice), pudim caseiro (egg custard with caramel sauce) or pastéis (custard-filled flaky pastry specialities).

At the "Sala Santa Isabel" buffet restaurant you can try out everything that appeals to you, accompanied by sparkling vinho verde or sweet port or madeira – and the home-made "Apotheke" herbal liqueur as a digestive. Bom apetite!

